

# Spontaneous divarication of pubis

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Mrs. H.B. aged 25 yrs P3 L3 L.C.B:7 days was brought to Health centre with c/o inability to get up from bed and pain on walking for the past 7 days on 22/6/96 (Since her delivery at home). Previous two deliveries were normal home deliveries.



Antenatal period during third pregnancy was uneventful. She had difficult home delivery in which the untrained dai forcibly extracted the large baby's head using her hands. She had no pain for the first two days. When she came down the staircase on third day she developed severe pain over the pubic area. She had difficulty in micturition.

On examination the patient was having painful waddling gait and was unable to turn from side to side on the bed. P/A uterus involuted well. Severe tenderness was complained when symphysis pubis was examined. A gap was felt between bony points. Mild swelling was present.

X Ray of pelvis A/P view showed a wide gap in symphysis pubis due to divarication.

This patient was referred to Orthopaedic surgeon at N.I.M.S. who treated her by giving a Lumbosacral belt,

antiinflammatory drugs, and bed rest for 6 weeks. The pain subsided, and walking improved and the swelling reduced. The case is presented for its rarity in the obstretic complications in the modern days.

Injury to the symphysis pubis often produced during the forcible extraction,of the head in forceps delivery of after coming head in breech delivery. Rarely it occurs spontaneously. X Ray taken after 6 weeks showed the pubic bones approximation.